

Peer2Peer Lines

Support and Referral Service

Children, Teens, Young Adults, Parents and Caregivers



*Are you looking for help for your child?
Are you a teen or young adult looking for someone to talk to?
Do you need resources or services to help with problems
you're facing?*

**Teens and Young Adults
Youth Talkline
1-877-450-LINE (5463)**

**Parents and Caregivers
Family Supportline
1-877-470-LINE (5463)**




Call our Peer Line Specialists who have personal experiences with the mental health system and offer compassion and understanding to callers.

Peer Line Specialists provide education, information, referrals and support for children, teens and young adults with mental health, substance abuse or other concerns, and for caregivers of at-risk youth.

Free – Confidential – English, Spanish and other languages.
Monday through Friday - 12:00 p.m. to 6:00 p.m.
After-hours calls are returned the next business day.
24-Hour Access and Crisis Line: 1-888-724-7240

Visit mhsinc.org/peer2peer for more information.

Follow Mental Health Systems on Facebook: 



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MHS is a 501(c)(3) non-profit corporation.

*Mental Health Systems
is a non-profit agency
founded in 1978
to improve the lives of
individuals, families and
communities facing
substance abuse and
behavioral health challenges.*

mhsinc.org